

THE KITCHEN

at Lumeria



KALE SALAD

Organic Kale with Local Citrus Juices and Organic Gluten Free Tamari.

FRESH CATCH & BRAISED TEMPEH

Choice of Grilled Fresh Catch or Braised Tempeh with Basil, Kafir Lime, Garden Vegetables and Coconut Curry Sauce

BROCCOLI WITH ORANGE & SESAME

Lightly Blanched Broccoli, Tossed with Sesame, Green Onion and Shaved Orange Zest then Roasted

PAPAYA WITH LIME

Papaya with Lime Zest topped Coconut Cardamom Cream, Candied Macadamia Nuts, Toasted Coconut and Strawberries

MIXED GRAIN WITH SUN SEED

Combined Quinoa and Millet Grain Pilaf Tossed with Fresh Herbs, Toasted Sunflower Seeds and Extra Virgin Coconut Oil