

LUMERIA

Maui

CLASS SCHEDULE: July 13th – 19th

Additional Fee

MON	6:00- 7:00 pm	A Hawaiian Cultural Experience: Hawaiian Ways of Life with Leinaala	Main Lobby
TUES	8:30- 9:30 am	Kundalini Yoga of Awareness with Amarsharan	Yoga Classroom
WED	4:30- 5:30 pm 6:00- 7:00 pm	(Private Group No Public Classes 7/15) Gentle Yoga with Arlene Fox Lei making & Culture with Leinaala	Yoga Shala Yoga Classroom
THURS	8:00- 9:00 am 6:00- 7:00 pm	(Private Group No Public Classes 7/16) Triple Yoga with Amarsharan Ukulele Lesson with Dan Craft	Yoga Classroom Fire Pits
FRI	11:15-12:15 pm *7:00-8:30 pm*	Hawaiian Hula Dance with Leinaala *Sound Healing with Nicole St. John*	Yoga Classroom *Yoga Shala*
SAT	8:30- 9:45 am *6:30- 8:30 pm*	Kundalini Yoga of Awareness with Amarsharan *Yin Yoga Sound Healing with Lydee*	Yoga classroom *Yoga Shala*
SUN	10:00-11:00 am	Soma Yoga with Eden	Yoga Shala