

LUMERIA

Maui

CLASS SCHEDULE: July 6th – 12th

MON	6:00- 7:00 pm	A Hawaiian Cultural Experience: Hawaiian Ways of Life with Leinaala	Main Lobby
TUES	8:30- 9:30 am	Kundalini Yoga of Awareness with Amarsharan	Yoga Classroom
WED	8:30- 9:30 am	Spirit Flow Yoga & Chakra Toning with Arlene Fox	Yoga Shala
	6:00- 7:00 pm	Lei making & Culture with Leinaala	Yoga Classroom
THURS	4:30- 5:30 pm	Kundalini Yoga Plus & Sound with Amarsharan	Yoga Classroom
	6:00- 7:00 pm	Ukulele Lesson with Dan Craft	Fire Pits
FRI	11:15-12:15 pm	Hawaiian Hula Dance with Leinaala	Yoga Classroom
SAT	8:30- 9:45 am	Kundalini Yoga of Awareness with Amarsharan	Yoga Classroom
SUN	10:00-11:00 am	Soma Yoga with Eden	Yoga Classroom