LUMERIA
Maui

CLASS SCHEDULE: November 23rd - 29th

Additional Fee

MON		No Classes	
TUES	8:30- 9:30 am	Gentle Yoga with Sheridan	Yoga Classroom
WED	5:00- 6:00 pm	Spirit Flow Yoga & Chakra Toning with Arlene Fox	Yoga Shala
THURS	6:00- 7:00 pm	Ukulele Lesson with Dan Craft	Fire Pits
FRI	11:15-12:15 pm 4:00-5:00 pm	Hawaiian Hula Dance with Leinaala Healing Breathwork with Sarah Rothman	Yoga Classroom Yoga Shala
SAT	8:30- 9:45 am ***6:30- 8:30 pm***	Kundalini Yoga of Awareness with Amarsharan ***Yin Yoga & Sound Healing with Lydee***	Yoga Shala ***Yoga Shala***
SUN	8:30- 9:30 am	Soul Journey Meditation with Jai Sheridan	Yoga Shala